

7.3 Grab bag exercise for medical care

Objective: Review and refresh knowledge gained in training, ensure training participants can demonstrate that they retained knowledge.

Time: 15-20 minutes

Prepare: Review the statements below to ensure they are appropriate for the knowledge level, content and culture and adapt as needed. Print out and cut the statements into individual questions.

Facilitator instructions:

Hand out one or more questions for each participant, or to small groups. Explain that they will be required to answer the question in front of the group. If needed, give the participants time and support to prepare their answers.

Participant instructions:

Read the questions, prepare an answer and share the answer with the group.

Questions:

1. A woman comes in to ask you for help. She says that her husband is violent, he beats her, he has forced her to have sex last week. She thinks he is having sex with other women and she is worried she will get STIs. What do you do? Do you offer her STI prophylaxis? Do you contact her husband for STI treatment?
2. What are the long term complications caused by untreated STIs?
3. What information do you give to a survivor who is taking the emergency contraception pill?
4. You are out of ECP at your health facility, your new drug supplies did not arrive. But there is an adolescent girl at your clinic, she was raped 3 days ago and is worried about becoming pregnant. What can you do?
5. A woman is raped walking home from the market by a man she knows, he often buys her goods from her. She comes to you for medical care 2 days after the rape, she is worried about HIV and STIs. You give her HIV PEP. She asks you how she will know whether or not she has HIV from the man. What do you tell her? When do you tell her to return for a follow up HIV test?
6. What information will you give a patient to help them decide whether or not to take HIV PEP?
7. What are the common side effects of HIV PEP?
8. How can someone manage the side effects caused by HIV PEP?
9. How soon after sexual violence can someone take HIV PEP? Within how many days after sexual violence can someone take HIV PEP?

10. A patient comes to you and tells you that they were vaginally raped by 3 men 2 months ago while coming home from a church meeting in the dark. They were too afraid to tell anyone and felt ashamed. Do you offer Hepatitis B vaccination?

11. What side effects do ECP cause?

12. Can women who is breastfeeding take ECP?

13. Do ECPs prevent sexually transmitted infections?

14. A woman is breastfeeding and she was raped 1 month ago. Can you give her STI prophylaxis? What STI prophylaxis do you provide?

14. A 35-year-old woman comes to the clinic 4 days after vaginal rape. The patient reports that at first she had some general vaginal soreness, but now feels no pain. Her physical exam is normal. In terms of preventing pregnancy, what would you do?

16. A young woman comes to your clinic 3 weeks after having been vaginally raped. Her pregnancy test is negative. Can you ensure the patient that she is not pregnant?

17. A 12 year old female presents to the clinic with her mother after being raped vaginally by her teacher. The patient has not yet begun menstruation. Should you offer ECP to this patient?

Adapted from MSF OCA (2019) Field training curriculum on sexual violence and intimate partner violence